

Welcome

OUR MISSION

At The Dance Company we recognize that every student has something to offer the arts and the arts has something to offer every student. Our goal is to inspire self-confidence and lasting love and appreciation for music and movement.

BUILT ON COMMUNITY
SHAPED BY PASSION
DRIVEN BY EXCELLENCE

Celebrating Season 14!



Get Ready



On behalf of the entire staff at The Dance Company, WELCOME. We are glad you are here and can't wait to get started! TDC is a true community filled with lots and opportunity! We have something for every age, every commitment level, and we continue to grow within each and every program!

There is always something going on for every age group in dance, theater, fitness, and acro, and our goal with this packet is to ensure you feel informed and will use this guide a reference throughout the year!

Staying Connected

Website: always up to date including a full calendar
www.thedancecompanyonline.com

Social Media: Go follow us!

We are very active on FB and Insta as well as our The Dance Company Community FB group.

Email: We will send out regular emails with important info.

Monday Minute: Every Monday we will post and email our upcoming events and info for the coming days!

Clients Page: All important information for current students including policies, show info, this packet and more.

Seasons

Traditional Season- This runs Sept to June and culminates with a recital. This season and your account info can be found in Studio Director, aka our studio database you account can be found here. Clients Page -> Portal Log In

Short Sessions- Workshops, One Time Classes, Clinics, Theater. These can be found on our **workshops page** and are usually one time classes or shorter than our traditional season. We use a company called jotform for this that is not connected to your account/database. You can not see class history in this program.

Mini Mester- An 8 week mini session we offer in the spring.

Summer- Our summer season runs June- August. Schedule debuts in January.

Performances

We offer several performance opportunities throughout the year. Detailed info is in this packet.

Holiday Show- All Jazz, Hip Hop, Lyrical classes ages 6+ (Dec)

Winter Gala- Team Movemint/Sparkle Squad Benefit Show (Jan)

Spring Ballet- All ballet classes ages 6+ (April)

Recital- All classes (June)

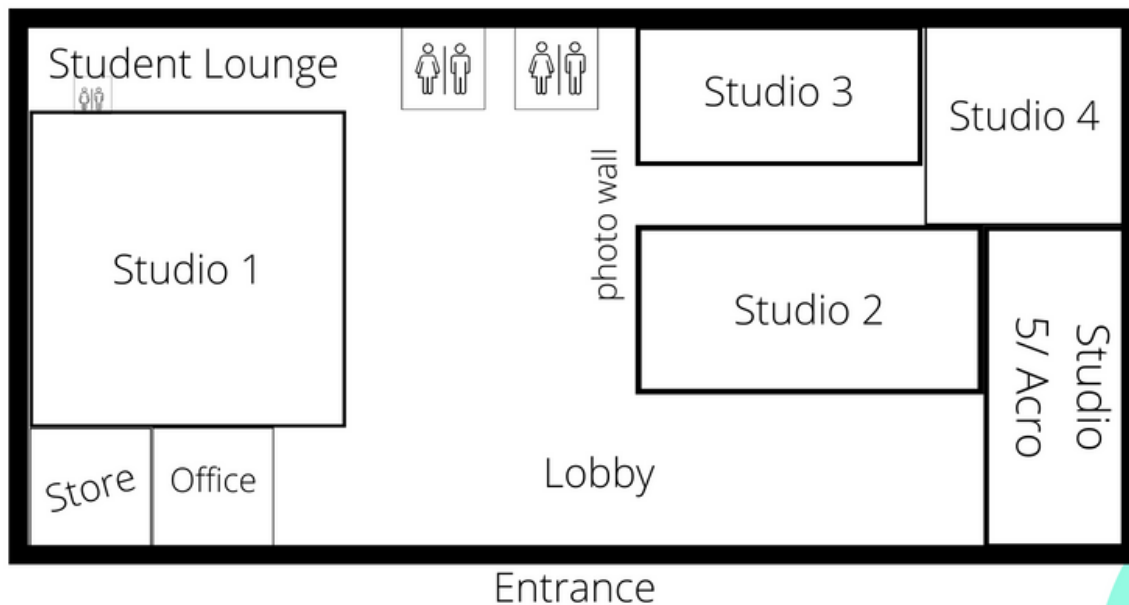
In addition we do 5 theater productions throughout the year.



Get to know the studio.....

WHERE IS MY CLASS?

ROOM ASSIGNMENTS CAN BE FOUND ON OUR SCHEDULE



- Lobby with closed circuit TV
- Student lounge (microwave, fridge, water cooler)
- Outdoor seating
- Fully stocked boutique
- Vending machine
- Photo wall for each theme

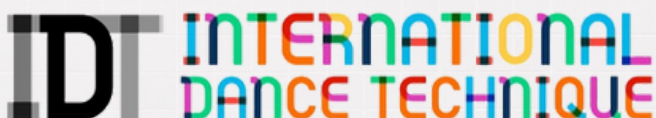
WHAT MAKES US DIFFERENT

Technique, Curriculum, Safety

We are proud to invest in our teachers, mentors, and education of our students. We are a More Than Just Great Dancing™ affiliated studio. Our staff is mentored and trained in The Ballet Method, Acrobatic Arts, IDT, Alixa Flexibility and more! The safety of our dancers is our number one priority as a Youth Protection Advocates in Dance certified studio, we background check, and our staff is all first aid and CPR certified. Our staff commits to trainings, and undergo regular guidance through a comprehensive curriculum for each program developed for the dancers specifically at TDC! Our leadership team has been built to better serve you and we continue to commit to constant growth, appropriate development, and excellence!

Community & Culture

When you walk through the door of TDC you get a genuine experience, a sense of belonging and acceptance, filled with love and laughter, and a nurturing community like no other! We strive to make sure every child and parent feels welcomed, we celebrate differences, we model team work, encourage dream work, and inclusivity is the norm! Giving back is what we do, where ever we can! Rest assured, you will experience more than dance through out your journey at TDC!



Building Community

Come for Class, Stay for Community.

At TDC, community is an important part of our culture! Here are some things we do to create and build community! We always welcome suggestions!

Student Feature

Is your child doing something awesome in the community or at school? We want to know! Send any amazingness our way for us to share!



1

Positive Monthly Studio Themes

From class to the lobby and everything in between, you will always see our effort to spread positive messages throughout the studio!

2

Check Me Out-On The Spot

Featuring dancers and acrobats who achieve skills in class, kindness, and so much more!

3

Spotlight Student

Featuring 2 students that collectively shine in behavior, technique, dress code, dedication, commitment, being kind, etc each month.

4

Sparkle Cards

Teacher messages sent via the mail when teachers recognize a student in class.

5

Give Back

Through out the year we hold various charity drives and opportunities for our dancers to give back, you can always find us stepping up when the community needs us!



Dancers stop by the office your birthday month for a special treat... you can also find a shout out on social media every month!

Meet The Team!



Tarryn Wilkerson
Director



Cassie Bertolino
Operations Manager
Instructor



Amanda Gour
Asst Operations Manager
Theater
Instructor



Debbie Duggan
Office Staff



Heather Dubowik
Office Staff



Caryn Miller
Curriculum Coordinator
Dance Team Director
Instructor



Elizabeth Quinlan
Instructor



Kathryn Scarpetti
Instructor



Rachel Blanchette
Sparkle Squad Director
Instructor



Rebecca Power
Instructor



Elizabeth Harrison
Instructor



Meg King
Theater
Instructor



Brittany Kamenos
Instructor



Emily Spencer
Instructor



Corey Starr
Instructor



Jacqueline Laferriere
Instructor



Jenna Hardy
Theater



Genevieve Guertin
Theater
Instructor

Studio Calendar

2023-2024



September 2023

sun	mon	tue	wed	thu	fri	sat
				1	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

sun	mon	tue	wed	thu	fri	sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

sun	mon	tue	wed	thu	fri	sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023

sun	mon	tue	wed	thu	fri	sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2024

sun	mon	tue	wed	thu	fri	sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024

sun	mon	tue	wed	thu	fri	sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024

sun	mon	tue	wed	thu	fri	sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024

sun	mon	tue	wed	thu	fri	sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024

sun	mon	tue	wed	thu	fri	sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024

sun	mon	tue	wed	thu	fri	sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- TDC Theater
- Team MOVEMint/Sparkle Squad
- Holidays/Closings
- Special Events
- Shows/Performances
- Special Classes
- Payments Due:
Classes - 1st of month
Teams/Sparkle Squad - 20th of month

September 13 Open House 5PM-7PM
September 16 First Day of Classes
October 13 Give It A Spin!
October 16 - 21 TDC Goes Pink!
October 20 Sparkle Squad Kickoff Party
October 21 Willy Wonka Auditions
October 23 - 28 Halloween Spirit Week
October 31 Halloween - Closed
November 5 Team MOVEMint FUNRUN
November 11 Mean Girls Show
November 13 Recital Theme Announcement
November 22 - 26 Thanksgiving Break

December 1 Holiday Show Rehearsal (Elves)
December 10 Holiday Show
December 16 Spring Ballet Auditions
December 17 Addams Family Auditions
December 18 - 23 Holiday Spirit Week
December 25 - January 7 Holiday Break
January 20 Willy Wonka Show
January 21 Team MOVEMint Gala
January 21 Rising Stars Session 1
January 23 Rising Stars Session 2 Begins
January 29 - February 3 Parent Participation Week
February 26 - March 3 February Break

March 10/March 16 Addams Family Show
March 18 - 23 Luau Week
March 22 Spring Ballet Littles Rehearsal
April 1 Spring Mini Mester Begins
April 6 - 7 Spring Ballet Show
April 22 - 28 April Break
May 5 Rising Stars Session 2 Show
May 6 - 11 Break the Dress Code
May 27 Memorial Day - Closed
June 1 - 2 14th Annual Recital
June 3 - 8 Last Week of Classes/TDC Spirit Week
All dates are subject to change.

CONNECT WITH US



SNAG YOUR SWAG!

Make sure to grab all your dance wear and needs at TDC's very own boutique!



MARK YOUR CALENDAR

Check out the TDC Calendar of upcoming events, announcements, deadlines and more!

ACCESS YOUR ACCOUNT

1. Go to thedancecompanyonline.com
2. Click REGISTER
3. Enter Log in Email/ Password

View, Register, Pay, & More!



FOLLOW US ON SOCIAL MEDIA

#tdc603



STAY INFORMED

Keep a lookout for our "Monday Minute" posts which will give you an overview on the most relevant information coming up!

Join the TDC Community Facebook group to stay connected with us and other TDC families!





YOUTH PROTECTION ADVOCATES IN DANCE

The Dance Company is one of the first New Hampshire area dance studios to earn a safety certification with Youth American Protection Advocates in Dance. The certification marks our commitment to keeping kids happy, healthy and safe in dance, theater and acrobatics.

YPAD is the nation's only dance certification program focusing on both safety and wellness for students. To earn the designation, studios must complete two training tracks. The first track centers on dance safety and educational best practices. It focuses on background checks, CPR and First Aid, abuse awareness and prevention, injury prevention and response, and safety and emergency preparedness. The second focuses on the wellness and development of youth dancers and covers social media, social media safety, today's dance culture, developmentally appropriate artistry, body image, nutrition, disordered eating, bullying, and conflict resolution. Only studios who complete both tracks are eligible for this complete certification.

YPAD was founded in Los Angeles in 2012 by hip hop professional Leslie Scott Zanolitch and her husband Joseph Zanolitch as a response to negative trends toward commodifying and exploiting youth and adults in performing arts. In 2014, industry professional Misty Lown became its visionary sponsor, and her More Than Just Great Dancing affiliation program became YPAD's first certified organization. Lown's studio, Misty's Dance Unlimited, also became YPAD's first certified dance studio. YPAD leadership transitioned to Lown in 2019.

The Dance Co is beyond proud of the 15 members of our team that dedicated nearly 20 hours each completing not only the training this summer but also becoming First Aide and CPR certified. We continue to serve more than 600 children in our community each season. Our ultimate mission at TDC continues to focus on building the best business practices, community involvement, teacher training, and quality curriculum for our students and the performing arts community!

THE DANCE CO

EVENTS AND PERFORMANCES



TDC GOES PINK!
OCT 16 - 21



DRESS UP WEEK
OCT 23 - 28



TDC FUN RUN
NOV 5



HOLIDAY SHOW
DEC 10



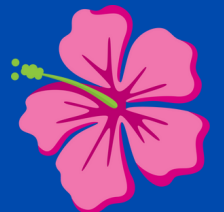
HOLIDAY SPIRIT WEEK
DEC 18 - 23



WINTER GALA
JAN 21



PARENT PARTICIPATION WEEK
JAN 29 - FEB 3



LUAU WEEK
MAR 18 - 23



SPRING BALLET
APR 7



BREAK THE DRESS CODE FOOD DRIVE
MAY 6 - 11



14TH ANNUAL RECITAL
JUNE 1 - 2



TDC SPIRIT WEEK
LAST WEEK OF CLASS
JUN 3 - 8



SHOW DATE - 11/11



AUDITION DATE - 10/21
SHOW DATE - 1/20



The Addams Family

AUDITION DATE - 12/17
SHOW DATE - 3/10 OR 3/16

14th Annual Year End Recital

Recitals are often considered to be the highlight of a dancer's experience each year! While the thought of rehearsals, costumes, and dancing for a large audience may seem overwhelming at first, participation in an annual recital is an incredible opportunity that harvests a variety of benefits for both the dancers and their families. It truly is an opportunity for your child to shine!

5 Benefits to participating in recital include:

Boost Confidence, Promote Team Work, Provide Goals, Build New Skills, Create Memories!

November- Recital Theme Announced and Show Dates/Times Confirmed

Recital will be broken up into multiple shows. The show your child is in will be determined by the staff of TDC. All leveled classes can anticipate they will likely be in more than one show.

November 5th – Costume Deposits Due
A deposit of \$50 per child per class. See details below for class costs.

December 15th – Last Day to Opt Out of Recital
While recital is highly encouraged, it is optional. If you wish to opt out of recital or change your mind you must notify us by this day. All costume deposits are non-refundable. Once costumes are ordered you are responsible for the entire cost of the costume should you opt out after this date.

February 5th – Recital Costume Balance Due
The \$30 Recital Fee includes a studio tee shirt for each child as well as a yearbook for the current dance year.

February – Students begin recital routines in class each week. Attendance becomes crucial during this time. These routines encompass the technique and dance styles the dancers have been working on in class all year.

June 1st & 2nd- 14th Annual Recital Nashua North High School

Tickets- Recital is a full length production and tickets need to be purchased to attend for audience members. Prices ranges \$18-\$25. Ticket Day takes place in May and will be announced soon.

Recital Participation Fees

Rates Per Costume:

Preschool-\$75

Kidlet & Mini- \$80

All other classes: \$90

*Costumes do not include tights.

Recital Fee:

A \$30 recital fee includes a studio tee shirt, a yearbook, and digital download of the recital.





Holiday Spectacular

12.10

-Edmund Keefe Auditorium-
Nashua

A fun holiday themed show featuring our Jazz, Hip Hop, and Lyrical classes!

\$20 Per Class Due 11/20 Fee

Mini Classes and Up

More info coming soon!



Does your little one want to be a part of our holiday show? Join us on stage for our Elf Party Dance. Cost is \$20- DIY elf costume! 2 Rehearsals will be scheduled prior. Details coming soon!

Kidlet Classes and Under (ages 3-7)

Ages 3-6 ELFtastic opportunity



TDC | THE
DANCE
CO

*proudly
presents*

Annual SPRING BALLET

June 30 - July 14
A complete full length
ballet experience



Neverland

Featuring: All TDC Ballet Classes Mini and Up

Auditions: For Lead Characters Only

Cost: \$50 Participation Fee per dancer per class

Where: Keefe Auditorium- Nashua *tentative

When: 04/06-04/07

Auditions 12/16 @ TDC

Little Fairies Opportunity for ages 3-7- 03/22

MORE DETAILS COMING SOON!



Introducing Our Performance Team!

Ages 4 to 10

Class Requirements

Any 1 class of your choice

Rehearsal Requirements

Must be a TDC student enrolled in at least 1 weekly dance classes (any genre) for the 2023/24 dance season. These classes must not conflict with Sparkle Squad rehearsal time, scheduled on Friday evenings between 4pm and 5pm, to be broken up into age groups, assigned times TBD.

Cost

\$30 per dancer per month
\$50 Costume Cost

Start Date

Friday October 20, 2023

Opportunities

Performance Opportunities:

- Holiday show
- Team Gala
- Kids Fest
- Spring ballet
- Recital
- Additional Events TBA

Open to all TDC dancers- Register Online Now

**Questions- Contact Miss Rachel @
Sparklers@thedancecompanynh.com**

TEAM MOVE MINT

@ THE DANCE CO

Looking to take your dance training to the next level? Our award winning dance team is a fun and rewarding experience for dancers and acrobats who are looking to train more, get stronger, perform more, and compete against various studios from our region. Students will grow in confidence and competence through summer camps, rehearsals, community performances, and more! They will grow alongside a dedicated group of encouraging and supporting dance friends and families! Give back to your community through local charity events and our winter charity show!



Opportunities include- Dance Team, Hip Hop Crew, & Acro Team for ages 5+

Team Auditions take place in the summer of 2024, but the whole year is an audition for our dancers!

If you might be interested in exploring competitive dance opportunities for your dancer we are here to answer any questions.

team@thedancecompanynh.com

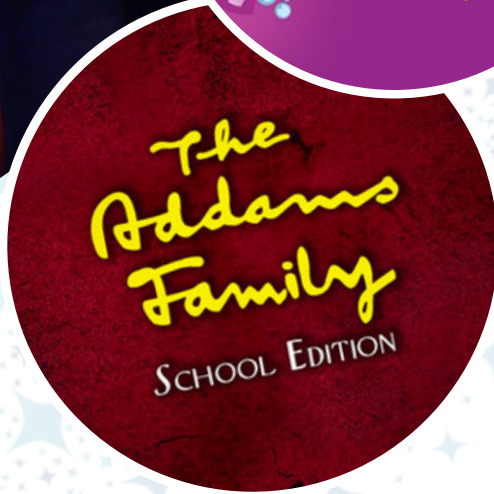




Fall Teen Show



Fall Kids Show



Spring All Ages



Summer 2024



**'INTRODUCING
OUR 23-'24 SEASON**



More info can be found on the theater page at thedancecompanynh.com



Our program is designed to provide aspiring young performers with a comprehensive and immersive musical theater experience. Through engaging and dynamic weekly classes, students will develop their talents, build confidence, and nurture a lifelong passion for the performing arts. Whether your child is a seasoned performer or just beginning their theatrical journey, our program offers a supportive and nurturing environment for all skill levels.

Each Session will Include Acting Techniques, Improv, Dance & Choreography, Basic Vocals, Performance Skills. The session will conclude with a performance medley with all classes @ The Amato Center.

Broadway Bittys- Ages 4-7

Tuesdays 5:30pm or Wednesdays 4pm

Rising Stars 1- Ages 8-11

Tuesdays 6:15-7:15pm

Rising Stars 2- Ages 12+

Tuesdays 7:15-8:15pm

Session 1-
Sept-Jan
Session 2 -
Jan to May

Home School Day Series

Thursdays 1:30-2:30pm
Session 1 Beginning 11/02

More info can be found on the theater page at thedancecompanynh.com

ADULT DANCE & ZUMBA CLASSES

NOW OFFERING

Zumba/Dance Fitness
Tuesday 7:00PM

Adult Tap
Wednesday 7:45PM

Adult Contemporary/Lyrical
Wednesday 8:15PM

Adult Hip Hop
Thursday 7:15PM

Zumba/Dance Fitness
Saturday 8:30AM

Adult Ballet
Saturday 9:30-11AM

**Classes
Begin
September 19**

MORE CLASSES COMING SOON

Register Online Under Workshops

LEVEL UP

MASTER CLASS SERIES

OUR MASTER CLASS SERIES BRINGS YOU THE BEST LOCAL CHOREOGRAPHERS IN THE AREA, READY TO SHARE THEIR EXPERTISE WITH YOU!

SATURDAYS

AGES 5-9

9:30-10:30AM

AGES 10+

10:30-12PM

9/23 GRACE DRFAO - CONTEMPORARY
9/30 KELLY O'BRIEN - CONTEMPORARY
10/7 EMILY SPENCER - CONTEMPORARY
10/28 HANNAH TANNER - STREET JAZZ
11/4 MARIYA LAFLEUR - LYRICAL
11/11 LAUREN HANNA - JAZZ FUNK
11/18 KAYLA LUOMA - HIP HOP
12/9 RACHEL BOBEK - CONTEMPORARY

TDC | THE DANCE CO

Register Online Under Workshops

ACRO CLINICS

Level 1- LEARNING
Level 2- PERFECTING

Session 1

CARTWHEELS- 09/29
BACK HANDSPRING 10/3
BACK WALKOVERS-10/13
BACK HANDSPRING CONNECTIONS 10/17
FRONT WALKOVERS 10/20

Session 2 coming soon! More Info and Registration
on the Workshops Page.

Registration
link
coming soon!

POWER CLINICS

BEGINNING IN OCTOBER

Our new power clinic series is designed for dancers who wish to perfect and refine their skills of jumping, leaping, turning and overall strength and flexibility. The classes are taught with an emphasis on technique and are focused on the safe execution of these skills that are used in all forms of dance. Classes are drop in style classes. A class pass will be available.

All power clinics are multi age, multi level ages 10+



Schedule

Monday

6:45- Flexibility

7:30 Turns

Tuesday

4:00- Tech Fusion ages 5-9

4:45- Tech Fusion ages 10+

Wednesday

3:30- Mini Technique ages 5-9

4:00-Turns

6:45- Jumps & Leaps

Thursday

5:45- Flexibility

8:00- Turns

8:00- Tap

SIGN UP NOW AT

**Schedule subject to change*

Subject to change. Class pass will be available beginning in Sept. Grande Package Student Unlimited. Ballet experience required for turns and leaps.

Registration coming soon to workshops page

PRE-SCHOOL THEMES

Children love to pretend, whether in dance class, at home, on the playground, anywhere they can! For this reason, creating monthly themes is particularly successful with children under the age of 5. It also creates universal consistency amongst all of our preschool classes! Each month our classes will focus on a new theme. Parents this doesn't require anything on your end or any pre planning, just provides a glimpse into your dancer's class and the fun themes we will focus on!

OCTOBER: FALL FOR DANCE



NOVEMBER: CIRCUS



DECEMBER: CANDYLAND



JANUARY: WINTER WONDERLAND



FEBRUARY: LOVE BUGS



MARCH: JUNGLE SAFARI



APRIL: SHOWERS & RAINBOWS



MAY: UNDER THE SEA



Don't Cry Dry Your Eyes!



Don't worry crying happens!

Our staff is here to turn that frown upside down and make dance a positive and fun experience for your little dancer!

3 Common reasons children may cry at dance class.

- 1. New Environment-** Dance lessons expose children to a new place with exciting new stimuli including sights, sounds, textures, and friends.
- 2. Age-** Children develop their social and emotional cognitive skills at their own pace. We encourage you to give your child time to adjust to new situations. On average it takes about 6-8 weeks for kids to feel entirely comfortable.
- 3. Separation Anxiety-** Your child may cry as they explore separation anxiety specifically if this is their first time away from a parent, the concept is new, or if they are really shy. This is totally normal and expected. We promise it does get better! If it doesn't the staff at TDC will work with you on what your next steps should be or if your dancer needs a little more time!

Helpful Hints for your first few weeks!

Dance classes are fun and full of energy. Give your child the time they need to adjust to the excitement. We kindly ask that you don't force them in the room. They may need a moment to regroup and then try again. If they don't participate in the first few classes, that's ok! We suggest practicing and creating a quick goodbye routine to help ease your child into class. And if they need you in anyway we will be sure to come and get you!

Sometimes parents need time to adjust too! Try watching your dancer on the closed circuit TV's rather than the windows, seeing your in the window can distract all the dancers and lengthen everyone's adjustment period. If your child needs you in the room we allow this for the first 4 weeks of class (3 and under) with the ultimate goal for them to be able to attend class alone. Ideally quietly sitting against the wall is best but if they need you to participate that's ok. Parents only no siblings (infant exceptions).

Our staff is prepared and equipped to help your child ease into class. Every child is different and we want this FUN new experience to be successful for them too!

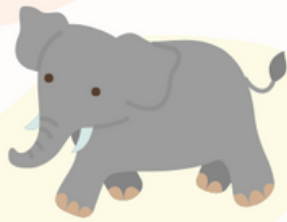
Together with time and patience, everyone will enjoy the magic of dance!



PRE-SCHOOL STAGES

Children love to explore and pretend, whether it is at home, in dance class, anywhere they can! At TDC we utilize the Discover Dance methods. Throughout the year, your tiny dancers will learn to explore all different types of movement!

PLACE 



SIZE

LEVELS



DIRECTIONS

SPEED



ENERGY



RELATIONSHIPS





**OUR TDC BOUTIQUE
IS OPEN FOR ALL YOUR
DANCE WEAR AND GIFT
NEEDS!**

SHOES
TIGHTS
LEOTARDS
ACCESORIES
GIFTS



10% OFF!

SHOE PURCHASE
EXPIRES 10/15

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DANCE
CO

TDC SPIRITWEAR

OPTION -10

571 PC 289 PC 443 PC



OPTION-1

571 PC 289 PC 443 PC



OPTION -11

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OPTION-2

571 PC 289 PC 443 PC



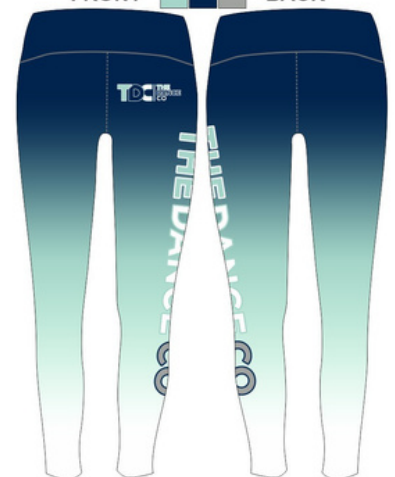
COMING SOON!

TDC spirit wear orders! Custom gear available for all TDC students.

We will announce via email exact dates. Beginning in October a size kit will be available in the store and we will announce a 2 week order period!

OPTION-5

FRONT 571 PC 289 PC 443 PC BACK



Whether it's your 1st year
with us or your 14th,
We are thrilled you chose us for your
performing arts education and we hope
you enjoy every step along the way.



Welcome to the TDC family!

